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by **Maura ten Hoopen**

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Dear Creator,
This music is created for those who bring calm and healing through their work.

✨ *You are welcome to use this music in:*

- **All your creative projects, classes & sessions:** Such as guided meditations, hypnosis sessions, original videos and films, social media, podcasts, online courses, apps, and in-person yoga or wellness spaces. You may cut, loop, or fade the music to fit your project.
- **Personal listening and relaxation.**
- **Monetizing:** You may monetize and sell your creations on any platform (such as YouTube, Insight Timer, Spotify, or your own website), provided that **Content ID is not enabled.**

🚫 *You may not:*

- **Share standalone music:** Do not upload, stream, or share the music by itself. or use it in "music-only" videos (such as a static image or looped background visuals where the music is the main product.
- **Use Content ID:** Do not register this music in any copyright, Content ID, or audio-fingerprinting system.
- **Remix or add instruments/vocals:** Do not add vocals or musical instruments to release the track as a new song or remix.
- **Resell or claim:** Do not claim the music as your own, share the raw audio files with others, or resell original or slightly modified versions.
- **Share the music file:** One license covers one creator or business.
- **AI & TV/Cinema:** Do not use this music to train AI, or for TV, radio, and cinema broadcasts (contact me for a custom license).

🌿 *Good to know:*

- **Lifetime license:** Use your purchase unlimited times in multiple creations, as long as these simple rules are respected.
- **About Content ID:** When uploading your creation for example to Spotify or YouTube (via distributors like DistroKid), please leave YouTube Content ID unchecked. Enabling it will cause automated copyright claims for other creations who also license this music.
- **Credit:** Credit when and where possible in video descriptions, or notes: Music licensed from Maura ten Hoopen (mauratenhoopen.com)

All rights remain with the original creator, Maura ten Hoopen.
By purchasing, you agree to these simple terms.

Thank you for choosing my music to support your work and the people you guide,
Maura ten Hoopen